

## **How can I apply for Kupuna Care In-Home Care services?**

Contact the Maui County Office on Aging at (808) 270-7774 (Maui), (808) 553-5241 (Molokai), or (808) 565-6818 (Lanai), and ask to speak to an outreach specialist in your geographical area. They will schedule a home visit with you to make an initial assessment of your needs. Upon completion of the assessment, they will make the appropriate referrals for services based on your needs.

Upon receiving a referral from the Maui County Office on Aging, Hale Mahaolu's Program staff will contact you to schedule a home visit. Program staff will do an assessment to develop a care plan to meet your needs, and arrange for attendants to assist you with your needs.

## **Who is eligible?**

Adults 60 years and older residing in Maui County who need assistance with activities of daily living to remain safely in their own homes.

## **How much will this cost me?**

There is no cost to clients for services, however voluntary contributions are welcome. Contributions received by the program are put back into the program to provide additional service hours for our clients.



This program has been made possible in part by funding from the COUNTY OF MAUI, KUPUNA CARE PROGRAM, STATE OF HAWAII, and/or the OLDER AMERICANS ACT as awarded by the Maui County Office on Aging.



**HALE MAHAOLU**  
WHERE ALOHA LIVES

**Personal Care Program**  
11 Mahaolu Street, Suite A  
Kahului, Hawaii 96732

**Office Hours:**  
8:00 a.m. – 4:30 p.m.  
Monday – Friday

**Phone: (808) 873-0521**  
**Fax: (888) 501-6427**



**HALE MAHAOLU**  
WHERE ALOHA LIVES

**KUPUNA CARE**  
**IN-HOME CARE**  
**SERVICES**

## Personal Care

Personal care assistance may include any of the following:

- Bathing, hygiene, grooming, skin care, oral hygiene, hair care, and dressing.
- Assistance with bowel and bladder care needs.
- Assistance with ambulation and transfers.
- Assistance with medication reminders.
- Assistance with feeding, nutrition, meal preparation, and other dietary activities.
- Assistance with exercise, positioning, and range of motion to maintain and/or strengthen muscle tone, and to prevent contractures, decubitus ulcers, and/or deterioration.
- Maintain environment.
- Assistance with adaptive equipment and supplies, including care of such equipment and supplies.
- Observing and reporting changes in client behavior, functioning, condition, and/or self-care abilities, which may necessitate more or less service.
- Household services following personal care such as cleaning of utensils for meal service, cleaning of bathroom after bathing, cleaning and maintenance of adaptive equipment, bedding changes, etc., when no other resources are available.

## In-Home Respite

In-Home Respite offers temporary relief to primary caregivers to have personal time away from the everyday stresses and duties of being a caregiver. The caregiver may use respite time to enjoy leisure activities, take an overnight trip and have “me time” with the knowledge that their care recipient is well cared for by a compassionate and caring attendant. Arrangements for limited 24-hour and overnight care may be provided for caregivers when planned in advance.

Services for the care recipient may include:

- Companionship
- Supervision
- Services noted in *Personal Care* and *Homemaker*.
- Other routine duties normally provided by the caregiver.

## Attendant Care

Attendant Care offers assistance, stand-by assistance, supervision or cues, to help maintain the independence of the older adult.

- Oversight for safety issues to prevent falls and accidents. Friendly visiting and companionship.
- Assist with home management activities such as sorting and opening mail.
- Prepare shopping lists, shopping, and storing personal items, food, medicine, household supplies and other purchases.
- Coordinate and schedule transportation and/or escort to appointments on the bus or arranged transportation as needed.
- Light housekeeping services noted in *Homemaker*.

## Homemaker

Homemaker assistance may include any of the following:

- Dusting
- Sweeping and vacuuming
- Mopping
- Cleaning bathroom (sink, toilet, shower/tub)
- Cleaning kitchen (dishwashing, countertops, stove, removing spoiled foods from refrigerator)
- Change linens and making the bed
- Laundry
- Taking out household trash
- Assist with using telephone
- Prepare and serve simple meals

## Chore

Chore assistance may include any of the following:

- Occasional cleaning of walls, ceilings, windows, screens, ovens, refrigerators, cabinets, closets, etc.
- Other household duties as needed

Clients are responsible for providing their own supplies to accomplish needed tasks/chores.