

How can I apply for Home & Community Based services?

Contact your Medicaid plan's service coordinator. They will schedule a home visit with you to make an initial assessment of your needs. Upon completion of the assessment, they will make the appropriate referrals for services based on your needs.

Upon receiving a referral from your Medicaid plan, Hale Mahaolu Personal Care Program staff will contact you to schedule a home visit. Program staff will do an assessment to develop a care plan to meet your needs, and arrange for a personal care attendant to assist you with your personal and home care needs.

Who is eligible?

Medicaid clients who have been deemed nursing home eligible, residing in Maui County who need assistance with activities of daily living such as bathing, grooming, hygiene, and other personal care needs, to remain safely in their own homes.

How much will this cost me?

Your Medicaid plan will usually cover all of your costs, however, there may be a cost share that is determined by your Medicaid plan.

This Program is funded by the State of Hawaii through AlohaCare, HMSA, Kaiser Permanente, Ohana Health Plan and United Healthcare



HALE MAHAOLU
WHERE ALOHA LIVES

Personal Care Program
11 Mahaolu Street, Suite A
Kahului, Hawaii 96732

Office Hours:
8:00 a.m. – 4:30 p.m.
Monday – Friday

Phone: (808) 873-0521

Fax: (888) 501-6427



HALE MAHAOLU
WHERE ALOHA LIVES

**MEDICAID
WAIVER**

**HOME & COMMUNITY
BASED SERVICES**

Personal Care

Personal care assistance may include any of the following:

- Bathing, hygiene, grooming, skin care, oral hygiene, hair care, and dressing.
- Assistance with bowel and bladder care needs.
- Assistance with ambulation and transfers.
- Assistance with medication reminders.
- Assistance with feeding, nutrition, meal preparation, and other dietary activities.
- Assistance with exercise, positioning, and range of motion to maintain and/or strengthen muscle tone, and to prevent contractures, decubitus ulcers, and/or deterioration.
- Maintain environment.
- Assistance with adaptive equipment and supplies, including care of such equipment and supplies.
- Observing and reporting changes in client behavior, functioning, condition, and/or self-care abilities, which may necessitate more or less service.
- Household services following personal care such as cleaning of utensils for meal service, cleaning of bathroom after bathing, cleaning and maintenance of adaptive equipment, bedding changes, etc.

In-Home Respite

In-Home Respite offers temporary relief to primary caregivers to have personal time away from the everyday stresses and duties of being a caregiver. The caregiver may use respite time to enjoy leisure activities, take an overnight trip and have “me time” with the knowledge that their care recipient is well cared for by a compassionate and caring attendant. Arrangements for limited 24-hour and overnight care may be provided for caregivers when planned in advance.

Services for the care recipient may include:

- Companionship
- Supervision
- Services noted in *Personal Care* and *Homemaker*.
- Other routine duties normally provided by the caregiver.



Homemaker

Homemaker assistance may include any of the following:

- Dusting
- Sweeping and vacuuming
- Mopping
- Cleaning bathroom (sink, toilet, shower/tub)
- Cleaning kitchen (dishwashing, countertops, stove, removing spoiled foods from refrigerator)
- Change linens and making the bed
- Laundry
- Taking out household trash
- Assist with using telephone
- Prepare and serve simple meals
- Marketing & shopping for household supplies and personal essentials
- Escort to clinics, physician office visits or other trips for obtaining treatment, when no other resource is available
- Other household duties as needed

Clients are responsible for providing their own supplies to accomplish needed tasks/chores.